



2023 - 2024 UNITED SCORING SYSTEM - LEVEL 0 - EUROPE ONLY

Version: 10.15.2023

STUNTS

INVERSION STYLE	RELEASE STYLE	TWISTING	COMBINATION SKILLS	DISMOUNT STYLE
ELITE LEVEL APPROPRIATE				
			<ul style="list-style-type: none"> • BACK STAND • 2 LEG STUNT BELOW PREP LEVEL • 1 LEG STUNT BELOW PREP LEVEL 	<ul style="list-style-type: none"> • STEP DOWN

STANDING TUMBLING

ELITE LEVEL APPROPRIATE
<ul style="list-style-type: none"> • Forward Roll • Straddle Roll • Pushup to Backbend • Backward Roll (BWR) • Handstand • Standing Backbend • Cartwheel (CW) • Handstand Forward Roll • Back Extension Roll

RUNNING TUMBLING

ELITE LEVEL APPROPRIATE
<ul style="list-style-type: none"> • Cartwheel (CW) • Round Off (RO)