



2023 - 2024 UNITED SCORING SYSTEM - WORLDS LEVEL 6

VERSION 10.15.2023

STUNTS

INVERSION STYLE	RELEASE STYLE	TWISTING	COMBINATION/OTHER SKILLS	COED STYLE	DISMOUNT
LEVEL APPROPRIATE					
<ul style="list-style-type: none"> DOWNWARD INVERSION FROM EXTENDED STUNT DOWNWARD INVERSION FROM EXTENDED 1 LEG STUNT RELEASED INVERSION FROM PREP LEVEL OR ABOVE TO EXTENSION RELEASED INVERSION FROM PREP LEVEL OR ABOVE TO LIB 	<ul style="list-style-type: none"> TIC TOC LIB TO LIB (HIGH TO HIGH) TIC TOC LIB TO LIB (LOW TO HIGH) TIC TOC LIB TO BODY POSITION (LOW TO HIGH) 	<ul style="list-style-type: none"> FULL TWISTING TRANSITION TO EXTENDED BODY POSITION 1/4 - 1 3/4 TWISTING TRANSITION TO EXTENSION DOUBLE TWISTING TRANSITION TO EXTENSION 	<ul style="list-style-type: none"> 1 1/2 - 2 TWIST TO PRONE TWISTING HELICOPTER RELEASE MOVES 1/4 - 3/4 TWISTING TIC TOC TO EXTENDED 1 LEG STUNT 1/2 TWISTING RELEASE FROM GROUND LEVEL (SWITCH UP) TO EXTENDED 1 LEG STUNT 1/2 TWISTING RELEASE FROM WAIST LEVEL (BALL UP) TO EXTENDED 1 LEG STUNT 	ASSISTED OR UNASSISTED: <ul style="list-style-type: none"> WALK IN/TOSS EXTENSION WALK IN/TOSS HANDS PRESS EXTENDED 1 LEG STUNT WALK IN/TOSS EXTENDED 1 LEG STUNT 	<ul style="list-style-type: none"> DOUBLE DOWN FROM EXTENDED LIB
ADVANCED LEVEL APPROPRIATE					
<ul style="list-style-type: none"> PREP LEVEL HAND IN HAND TO EXTENSION RELEASED INVERSION FROM PREP LEVEL OR ABOVE TO EXTENDED BODY POSITION REWIND TO PREP 	<ul style="list-style-type: none"> TIC TOC LIB TO BODY POSITION (HIGH TO HIGH) 	<ul style="list-style-type: none"> DOUBLE TWISTING TRANSITION TO/AT EXTENDED LIB 1 1/2 - 1 3/4 TWISTING TRANSITION TO/AT EXTENDED LIB 	<ul style="list-style-type: none"> FULL TWISTING TIC TOC TO EXTENDED LIB (LOW TO HIGH) FULL TWISTING RELEASE FROM GROUND LEVEL (SWITCH UP) TO EXTENDED LIB 1/4 TWISTING RELEASED INVERSION FROM PREP LEVEL OR ABOVE TO EXTENDED BODY POSITION 1/4 TWISTING BACK HANDSPRING UP TO EXTENDED LIB 1 1/2 TWISTING RELEASE FROM GROUND LEVEL (SWITCH UP) TO EXTENDED LIB 	ASSISTED: <ul style="list-style-type: none"> TOSS EXTENDED 1 LEG STUNT TOSS EXTENDED 1 ARM STUNT TOSS FULL UP TO EXTENDED STUNT TOSS FRONT HANDSPRING 1/2 UP TO EXTENDED STUNT REWIND TO EXTENDED STUNT REWIND TO PREP 	<ul style="list-style-type: none"> DOUBLE DOWN FROM EXTENDED BODY POSITION
ELITE LEVEL APPROPRIATE					
<ul style="list-style-type: none"> PREP LEVEL HAND IN HAND TO EXTENDED LIB EXTENDED HAND IN HAND TO EXTENSION REWIND TO EXTENDED STUNT 	<ul style="list-style-type: none"> TIC TOC BODY POSITION TO BODY POSITION (HIGH TO HIGH) 	<ul style="list-style-type: none"> 1 1/2 TWISTING TRANSITION TO/AT EXTENDED BODY POSITION 1 3/4 TWISTING TRANSITION TO/AT EXTENDED BODY POSITION DOUBLE TWISTING TRANSITION TO/AT EXTENDED BODY POSITION 	<ul style="list-style-type: none"> 1/4 TWISTING BACK HANDSPRING UP TO EXTENDED BODY POSITION 1/4 - 3/4 TWISTING TIC TOC EXTENDED BODY POSITION TO BODY POSITION (HIGH TO HIGH) FULL TWISTING TIC TOC TO EXTENDED LIB (HIGH TO HIGH) 1/2 TWISTING RELEASED INVERSION TO EXTENDED STUNT 1/2 TWISTING FRONT HANDSPRING UP TO EXTENDED STUNT FULL TWISTING RELEASE FROM GROUND LEVEL (SWITCH UP) TO EXTENDED BODY POSITION FULL TWISTING TIC TOC TO EXTENDED BODY POSITION (LOW TO HIGH) 1 1/2 TWISTING RELEASE FROM GROUND LEVEL (SWITCH UP) TO EXTENDED BODY POSITION FULL TWISTING RELEASE FROM WAIST LEVEL (BALL UP) TO EXTENDED BODY POSITION 	UNASSISTED: <ul style="list-style-type: none"> TOSS EXTENDED 1 LEG STUNT TOSS EXTENDED 1 ARM STUNT TOSS FULL UP TO EXTENDED STUNT TOSS FRONT HANDSPRING 1/2 UP TO EXTENDED STUNT REWIND TO EXTENDED STUNT REWIND TO PREP 	<ul style="list-style-type: none"> FULL KICK FULL DISMOUNT KICK DOUBLE TWISTING DISMOUNT

TOSSES

NON - TWISTING	TWISTING
PIKE HITCH KICK • PIKE KICK PRETTY GIRL • PIKE SWITCH KICK • HITCH KICK KICK	BALL DOUBLE FULL • PIKE DOUBLE FULL • KICK DOUBLE FULL TOE TOUCH DOUBLE FULL • DOUBLE UP TOE TOUCH • HITCH KICK DOUBLE FULL • SWITCH KICK DOUBLE FULL KICK FULL KICK FULL



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STANDING TUMBLING

LEVEL APPROPRIATE	ADVANCED LEVEL APPROPRIATE	ELITE LEVEL APPROPRIATE
<ul style="list-style-type: none"> ADVANCED JUMP BACK TUCK 	<ul style="list-style-type: none"> BHS SERIES - FULL ADVANCED JUMP - BHS SERIES - FULL BHS - WHIP - BHS SERIES - FULL BHS SERIES - WHIP - FULL BHS - WHIP - TO - FULL 	<ul style="list-style-type: none"> BHS - FULL ADVANCED JUMP - BHS - FULL STANDING FULL ADVANCED JUMP - FULL BHS - WHIP - FULL ADVANCED JUMP - BHS - WHIP - FULL
		<ul style="list-style-type: none"> BHS SERIES - DOUBLE FULL ADVANCED JUMP - BHS SERIES - DOUBLE FULL BHS - WHIP - BHS SERIES - DOUBLE FULL BHS SERIES - WHIP - DOUBLE FULL BHS - WHIP - DOUBLE FULL ADVANCED JUMP - BHS/BHS SERIES - WHIP - DOUBLE FULL BHS SERIES - FULL/DOUBLE FULL - WHIP - FULL/DOUBLE FULL

RUNNING TUMBLING

LEVEL APPROPRIATE	ADVANCED LEVEL APPROPRIATE	ELITE LEVEL APPROPRIATE
<ul style="list-style-type: none"> CARTWHEEL - FULL RO - FULL RO - BHS/BHS SERIES - FULL FWO - TO - FULL SIDE AERIAL/FRONT AERIAL - FULL RO - TO - ONODI - TO - FULL FRONT FULL 	<ul style="list-style-type: none"> RO - BHS - KICK FULL/FULL STEP OUT PUNCH FRONT STEP OUT - TO - FULL RO - WHIP - FULL RO - TO - WHIP - TO - FULL 1.5 TWISTING FRONT LAYOUT 	<ul style="list-style-type: none"> RO - ARABIAN/HALF STEP OUT - RO - TO - FULL FRONT HANDSPRING - FRONT FULL FRONT HANDSPRING - PF - RO - TO - FULL RO - BHS - FULL - TO - FULL RO - TO - FULL - FULL RO - TO - 1.5 STEP OUT - TO - FULL 1.5 TWISTING FRONT LAYOUT - TO - FULL/DOUBLE FULL RO - DOUBLE FULL RO - TO - DOUBLE FULL FRONT WALKOVER - TO - DOUBLE FULL
		<ul style="list-style-type: none"> PF STEP OUT - TO - DOUBLE FULL RO - TO - WHIP - TO - DOUBLE FULL RO - WHIP - DOUBLE FULL RO - ARABIAN - TO - DOUBLE FULL RO - TO - FULL - TO - DOUBLE FULL RO - TO - 1.5 STEP OUT - TO - DOUBLE FULL RO - TO - DOUBLE - BHS SERIES - TO - DOUBLE FULL RO - TO - FULL - TO - WHIP - DOUBLE FULL PF STEP OUT - RO - TO - WHIP - TO - DOUBLE FULL RO - TO - DOUBLE FULL - WHIP - DOUBLE FULL PF STEP OUT - RO - ARABIAN - RO - TO - WHIP - DOUBLE FULL