

UNITED SCORING DANCE CATEGORY DESCRIPTIONS

JAZZ

A jazz routine can encompass any range of jazz movement including traditional jazz, commercial jazz, musical theater, jazz funk or stylized hard-hitting jazz. Movement is crisp and/or aggressive in approach and can include moments of softness while complementing musicality. Emphasis is placed on style, body alignment, extension, control, uniformity, technical elements, and communication.

POM

A pom routine incorporates the following characteristics: clean, sharp, strong, precise motions; synchronization; visual effects. It may also include purposeful pom elements (i.e. pom passes, kick lines, leaps and turns, jumps, etc.). Poms must be used 80% of the routine. Inadequate use of poms may affect the overall impression subcategory scores. Males are not required to utilize poms.

HIP HOP

A hip hop routine can incorporate street style movement evolving from the hip hop culture with emphasis on the following: authenticity of style(s), body isolations and control, rhythm, creativity, execution, uniformity, musicality, and may incorporate purposeful tricks, skills and elements.

CONTEMPORARY/LYRICAL

A contemporary or lyrical routine can incorporate the following approaches to movement: organic, pedestrian, traditional modern, and/or traditional ballet. Movement complements the lyric and/or rhythmic value of the music. Emphasis is placed on sustained, expressive movement, control, contraction/release, use of breath, body placement, uniformity, communication and purposefully incorporated technical skills.

VARIETY

A variety routine must include a blend of at least two or more styles throughout the routine. (Jazz, Pom, Hip Hop, Contemporary/Lyrical and/or Kick) All styles will compete together in this category. Inadequate distinction of styles may affect the overall impression subcategory scores.

KICK

A kick routine emphasizes control, height uniformity, extension, alignment, proper preparation and hook up/arm connection, upper and lower body placement, toe points, timing and creativity of a variety of kick series and patterns. A kick is defined as one foot remaining on the floor while the other foot lifts with force. Kicks and kick series must comprise 80% of the routine while maintaining stamina. Inadequate use of kicks may affect the overall impression subcategory scores.