



2025 - 2026 UNITED SCORING SYSTEM - WORLDS LEVEL 6

STUNTS

INVERSION STYLE	RELEASE STYLE	TWISTING	COMBINATION/OTHER SKILLS	COED STYLE	DISMOUNT
LEVEL SKILLS					
<ul style="list-style-type: none"> Downward inversion from extended stunt Downward inversion from extended 1 leg stunt Released inversion from prep level or above to extension Released inversion from prep level or above to extended lib Rewind to waist level stunt (L6) 	<ul style="list-style-type: none"> Tic toc lib to lib (high to high) Tic toc lib to lib (low to high) Tic toc lib to body position (low to high) 	<ul style="list-style-type: none"> Full twisting transition to extended body position 1 1/4 - 1 3/4 twisting transition to extension 	<ul style="list-style-type: none"> 1 1/2 - 2 twist to prone Twisting helicopter release moves 1/4 - 3/4 twisting tic toc to extended 1 leg stunt 1/2 twisting release from ground level (switch up) to extended 1 leg stunt 1/2 twisting release from waist level (ball up) to extended 1 leg stunt 1/4 - 1/2 twisting back handspring up to prep stunt (L6) 1/4 - 1/2 twisting released inversion from prep level or above to extension (L6) 	<ul style="list-style-type: none"> Assisted or Unassisted: <ul style="list-style-type: none"> Walk in / toss extension Walk in / toss hands press extended 1 leg stunt Walk in / toss extended 1 leg stunt 	<ul style="list-style-type: none"> Double twisting dismount from extended lib to cradle
ADVANCED SKILLS					
<ul style="list-style-type: none"> Rewind to prep stunt (L6) Released inversion from prep level hand in hand to extended 1 leg stunt 	<ul style="list-style-type: none"> Tic toc lib to body position (high to high) 	<ul style="list-style-type: none"> 1 1/2 twisting transition to / at extended lib 1 3/4 twisting transition to / at extended lib (L6) Double twisting transition to / at extension 2 1/4 twisting transition to / at extension (L6) 	<ul style="list-style-type: none"> Full twisting tic toc to extended lib (low to high) Full twisting release from ground level to extended lib 1/4 twisting back handspring up to extended single leg stunt 1/4 - 1/2 twisting released inversion from prep level or above to extended 1 leg stunt (L6) 1 1/2 twisting release from ground level (switch up) to extended lib Full twisting release from waist level to extended lib 	<ul style="list-style-type: none"> Assisted: <ul style="list-style-type: none"> Toss extended 1 leg stunt Toss extended 1 arm stunt Toss full up to extended stunt Rewind to prep stunt (L6) 	<ul style="list-style-type: none"> Double twisting dismount from extended body position to cradle
ELITE SKILLS					
<ul style="list-style-type: none"> Released inversion from prep level hand in hand to extended body position Released inversion from extended hand in hand to extension Rewind to extended stunt (L6) 	<ul style="list-style-type: none"> Tic toc body position to body position (high to high) 	<ul style="list-style-type: none"> 1 1/2 twisting transition to / at extended body position 1 3/4 twisting transition to / at extended body position (L6) Double twisting transition to / at extended 1 leg stunt (L6) 	<ul style="list-style-type: none"> Full twisting tic toc to extended lib (high to high) 1/2 twisting back handspring up to extended stunt (L6) 1/4 - 1/2 twisting released inversion from prep level or above to extended body position (L6) 1/2 twisting released inversion from ground level (FHS up) to extended stunt (L6) 1 - 1 1/2 twisting release from ground level (switch up) to extended body position 1/4 - 3/4 twisting tic toc extended body position to body position (high to high) Full twisting release from waist level (ball up) to extended body position Full twisting tic toc to extended body position (low to high) 1/4 - 1/2 twisting released inversion from extended hand in hand to extended stunt 1/4 twisting back handspring up to extended body position (L6) 	<ul style="list-style-type: none"> Unassisted: <ul style="list-style-type: none"> Toss extended 1 leg stunt Toss extended 1 arm stunt Toss full up to extended stunt <p>The following skills will receive Coed Style credit as long as the skill is Unassisted from initiation to the dismount to the performance surface or a cradle position</p> <ul style="list-style-type: none"> Unassisted: <ul style="list-style-type: none"> Rewind to extended stunt (L6) 1/2 twisting released inversion from ground level (FHS Up) to extended stunt (L6) Extended hand in hand to extended stunt 	<ul style="list-style-type: none"> Full kick full twisting dismount to cradle (L6) Kick double twisting dismount to cradle (L6)

TOSSES

NON - TWISTING	TWISTING
<ul style="list-style-type: none"> Pike hitch kick Pike kick lib Pike switch kick Hitch kick kick 	<ul style="list-style-type: none"> Ball double full (L6) Pike double full (L6) Kick double full (L6) Toe touch double full (L6)

Each skill separated by a bullet will be considered a "different skill" and will not receive credit more than once, even if multiple skills or variations are listed in that bullet.

VERSION 10.15.25



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STANDING TUMBLING

LEVEL SKILLS	ADVANCED SKILLS	ELITE SKILLS	
<ul style="list-style-type: none">ADVANCED JUMP BACK TUCK	<ul style="list-style-type: none">BHS SERIES - FULLADVANCED JUMP - BHS SERIES - FULLBHS - WHIP - BHS SERIES - FULLBHS SERIES - WHIP - FULLBHS - WHIP - TO - FULL	<ul style="list-style-type: none">BHS - FULLADVANCED JUMP - BHS - FULLSTANDING FULLADVANCED JUMP - FULLBHS - WHIP - FULLADVANCED JUMP - BHS - WHIP - FULLBHS SERIES - DOUBLE FULL	<ul style="list-style-type: none">ADVANCED JUMP - BHS SERIES - DOUBLE FULLBHS - WHIP - BHS SERIES - DOUBLE FULLBHS SERIES - WHIP - DOUBLE FULLBHS - WHIP - DOUBLE FULLADVANCED JUMP - BHS/BHS SERIES - WHIP - DOUBLE FULLBHS SERIES - FULL / DOUBLE FULL - WHIP - FULL / DOUBLE FULL

RUNNING TUMBLING

LEVEL SKILLS	ADVANCED SKILLS	ELITE SKILLS	
<ul style="list-style-type: none">CARTWHEEL - FULLRO - FULLRO - BHS / BHS SERIES - FULLFWO - TO - FULLSIDE AERIAL / FRONT AERIAL - FULLRO - TO - ONODI - TO - FULLFRONT FULL	<ul style="list-style-type: none">RO - BHS - KICK FULL / FULL STEP OUTPF STEP OUT - TO - FULLRO - WHIP - FULLRO - TO - WHIP - TO - FULL1.5 TWISTING FRONT LAYOUT	<ul style="list-style-type: none">RO - ARABIAN/HALF STEP OUT - RO - TO - FULLFRONT HANDSPRING - FRONT FULLFRONT HANDSPRING - PF - RO - TO - FULLRO - BHS - FULL - TO - FULLRO - TO - FULL - FULLRO - TO - 1.5 STEP OUT - TO - FULL1.5 TWISTING FRONT LAYOUT - TO - FULL / DOUBLE FULLRO - DOUBLE FULLRO - TO - DOUBLE FULLFWO - TO - DOUBLE FULLPF STEP OUT - TO - DOUBLE FULL	<ul style="list-style-type: none">RO - TO - WHIP - TO - DOUBLE FULLRO - WHIP - DOUBLE FULLRO - ARABIAN - TO - DOUBLE FULLRO - TO - FULL - TO - DOUBLE FULLRO - TO - 1.5 STEP OUT - TO - DOUBLE FULLRO - TO - DOUBLE - BHS SERIES - TO - DOUBLE FULLRO - TO - FULL - TO - WHIP - DOUBLE FULLPF STEP OUT - RO - TO - WHIP - TO - DOUBLE FULLRO - TO - DOUBLE FULL - WHIP - DOUBLE FULLPF STEP OUT - RO - ARABIAN - RO - TO - WHIP - DOUBLE FULL