



2026-2027 UNITED SCORING SYSTEM - JUNIOR LEVEL 6

STUNTS

INVERSION STYLE	RELEASE STYLE	TWISTING	COMBINATION/OTHER SKILLS	DISMOUNT
LEVEL SKILLS				
<ul style="list-style-type: none"> Downward inversion from extended stunt Downward inversion from extended 1 leg stunt Released inversion from prep level to extension 	<ul style="list-style-type: none"> Tic toc lib to lib (high to high) 	<ul style="list-style-type: none"> 1 ¼ - 1 ½ up to extended stunt 	<ul style="list-style-type: none"> Twisting helicopter release moves 1 ½ - 2 twists to prone ¼ - ¾ twisting tic toc to extended 1 leg stunt ½ twisting release from ground level (switch up) to extended 1 leg stunt ½ twisting release from waist level (ball up) to extended 1 leg stunt ¼ - ½ twisting back handspring up to prep stunt ¼ - ½ twisting released inversion from prep level or above to prep level or above 	
ADVANCED SKILLS				
<ul style="list-style-type: none"> Released inversion from prep level hand in hand to extended stunt Released inversion from prep level or above to extended lib 	<ul style="list-style-type: none"> Tic toc lib to body position (high to high) 	<ul style="list-style-type: none"> 1 ½ twisting transition to / at extended lib 1 ¾ twisting transition to / at extension 2 - 2 ¼ twisting transition to / at prep stunt 	<ul style="list-style-type: none"> Full twisting tic toc to extended lib (low to high) Full twisting release from ground level (switch up) to extended lib Full twisting release from waist level (ball up) to extended lib ¼ - ½ twisting back handspring up to extension ¼ - ½ twisting released inversion from prep level or above to extension 1 ½ twisting release from ground level (switch up) to extended lib 	<ul style="list-style-type: none"> Double twisting dismount from extended lib to cradle
ELITE SKILLS				
<ul style="list-style-type: none"> Released inversion from prep level hand in hand to extended lib Released inversion from prep level or above to extended body position Released inversion from extended hand in hand to extension 	<ul style="list-style-type: none"> Tic toc body position to body position (high to high) 	<ul style="list-style-type: none"> 1 ½ twisting transition to / at extended body position 1 ¾ twisting transition to / at extended lib 2 - 2 ¼ twisting transition to / at extension 	<ul style="list-style-type: none"> Full twisting tic toc to extended body position (low to high) Full twisting tic toc to extended lib (high to high) Full twisting release from waist level (ball up) to extended body position ¼ - ½ twisting back handspring up to extended lib ¼ - ¾ twisting tic toc extended body position to body position (high to high) ¼ - ½ twisting released inversion from extended hand in hand to extended stunt ¼ - ½ twisting released inversion to extended one leg stunt ½ twisting released inversion from ground level (FHS Up) to extended stunt 1 - 1 ½ twisting release ground level (switch up) to extended body position 	<ul style="list-style-type: none"> Kick double twisting dismount to cradle Double twisting dismount from extended body position to cradle

STUNTS: Only the skills listed as Advanced/Elite will receive Degree of Difficulty credit.

TOSESSES

<ul style="list-style-type: none"> Switch kick double full Kick full kick full 	<ul style="list-style-type: none"> Ball double full Pike double full 	<ul style="list-style-type: none"> Double up toe touch Hitch kick double full 	<ul style="list-style-type: none"> Kick double full Toe touch double full 	<ul style="list-style-type: none"> 3 or more trick toss (must include a double full)
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TOSESSES: Only the skills listed will receive Toss Difficulty credit.



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STANDING TUMBLING

LEVEL SKILLS	ADVANCED SKILLS	ELITE SKILLS
<ul style="list-style-type: none"> • TUCK - TUCK • ADVANCED JUMP - BACK TUCK • ADVANCED JUMP - FRONT TUCK • BHS / BHS SERIES - WHIP - LAYOUT 	<ul style="list-style-type: none"> • BHS SERIES - FULL • BHS - WHIP - BHS SERIES - FULL • BHS SERIES - WHIP - FULL 	<ul style="list-style-type: none"> • BHS - FULL • ADVANCED JUMP - BHS / BHS SERIES - FULL • STANDING FULL • ADVANCED JUMP - FULL • BHS - WHIP - FULL • ADVANCED JUMP - BHS - WHIP - FULL • BHS SERIES - DOUBLE FULL • BHS/BHS SERIES - WHIP - TO - FULL • ADVANCED JUMP - BHS SERIES - DOUBLE FULL • BHS - WHIP - BHS SERIES - DOUBLE FULL • BHS SERIES - WHIP - DOUBLE FULL • BHS - WHIP - DOUBLE FULL • ADVANCED JUMP - BHS / BHS SERIES - WHIP - DOUBLE FULL • BHS SERIES - FULL/DOUBLE FULL - WHIP - FULL/DOUBLE FULL

RUNNING TUMBLING

LEVEL SKILLS	ADVANCED SKILLS	ELITE SKILLS
<ul style="list-style-type: none"> • CW - FULL • RO - FULL • RO - BHS / BHS SERIES - FULL • SIDE AERIAL - FULL 	<ul style="list-style-type: none"> • FRONT FULL • FWO - TO - FULL • BARANI - TO - FULL • FRONT AERIAL - FULL • RO - TO - ONODI - TO - FULL 	<ul style="list-style-type: none"> • BOUNDER/FLYSPRING - TO - FULL • 1.5 TWISTING FRONT LAYOUT • RO - TO - WHIP - TO - FULL • RO - WHIP - FULL • RO - BHS - KICK FULL / FULL STEP OUT • PF STEP OUT - TO - FULL • FHS - FRONT FULL • FHS - PF - RO - TO - FULL • RO - ARABIAN / HALF STEP OUT - RO - TO - FULL • RO - BHS - FULL - TO - FULL • RO - TO - FULL - FULL • RO - TO - 1.5 STEP OUT - TO - FULL • RO - DOUBLE FULL • RO - TO - DOUBLE FULL • FWO - TO - DOUBLE FULL • PF STEP OUT - TO - DOUBLE FULL • RO - TO - WHIP - TO - DOUBLE FULL • RO - WHIP - DOUBLE FULL • RO - ARABIAN - TO - DOUBLE FULL • RO - TO - FULL - TO - DOUBLE FULL • RO - TO - 1.5 STEP OUT - TO - DOUBLE FULL • RO - TO - DOUBLE - BHS SERIES - TO - DOUBLE FULL • RO - TO - FULL - TO - WHIP - DOUBLE FULL • PF STEP OUT - RO - TO - WHIP - TO - DOUBLE FULL • RO - TO - DOUBLE FULL - WHIP - DOUBLE FULL • PF STEP OUT - RO - ARABIAN - RO - TO - WHIP - DOUBLE FULL